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Effects of the vertical CoM motion on energy consumption for walking humanoids

Sahab OWRAN Sophi e SAKKA & Yanni ck AOUSTI N





Introduction

- The robot is represented by the inverted pendulum model.
- Motivation : release the vertical motion of pendulum CoM from being at a constant height.
- We will consider two cases :

The linear inverted pendulum z = cnst Analytical solution fast and easy calculations

The general inverted pendulum *z ≠ cnst* Numerical solution

What are the differences between the two models ?



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Inverted pendulum dynamics

• The dynamics of a humanoid robot can be approximated by the inverted pendulum model.

$$\begin{cases} x_p = x - \frac{z - z_p}{\ddot{z} + g} \ddot{x} \\\\ y_p = y - \frac{z - z_p}{\ddot{z} + g} \ddot{y} \end{cases}$$

$$P = \begin{bmatrix} x_p \\ y_p \\ z_p \end{bmatrix}$$
 are the ZMP coordinates.
$$C = \begin{bmatrix} x \\ y \\ z \end{bmatrix}$$
 are the CoM coordinates.

g is the gravity acceleration.

Linear inverted pendulum

Constant height of CoM $z = cnst = z_c$ $\ddot{z} = 0$ [Kajita 2004]

Analytical solution : $x = x(0) \cosh(t/T_c) + T_c \dot{x}(0) \sinh(t/T_c)$

Where :
$$T_c = \sqrt{\frac{z_c}{g}}$$

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Z is defined according to the study of Hayot et al about the CoM trajectory during normal gait using a multi-body model of human subjects.



From this study, we notice:

- The vertical position of CoM oscillates along the average value of the CoM height.
- It reaches its maximal value at midstance.
- It reaches its minimal value at the middle of the double support phase.

According to this description, we take a sinusoidal function of time:

$$z = z_c + A \cos(\omega t + \emptyset)$$

Vertical displacement of CoM

 $z = z_c + A \cos(\omega t + \emptyset)$



- A is the vertical amplitude of the CoM altitude.
- T being the period of one step. $\omega = 2\pi/T$
- is an angle depending on the first phase of the motion (single support SS or double support DS).

Differential equations system

By replacing z and \ddot{z} in the differential equations system, we have:

$$z = z_{c} + A \cos(\omega t + \emptyset)$$

$$x_{p} = x - \frac{z - z_{p}}{\ddot{z} + g} \ddot{x} \implies \ddot{x} = \frac{g - \omega^{2} A \cos(\omega t + \emptyset)}{z_{c+} A \cos(\omega t + \emptyset)} (x - x_{p})$$

The second order differential equation is non-linear and non-homogeneous.

Its solving is performed numerically.

The same for the motion in y direction.

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Walking cycle

- The walking cycle is defined by two successive steps (right and left legs).
- One step is composed of a single support phase (SS) on the stance leg, and a double support phase (DS).
- The system parameters for positions, velocities and accelerations are equal at the beginning and at the end of each cycle.

Hypotheses

- Feet soles remain parallel to the ground.
- The trunk segment remains vertical.
- CoM and waist segment have the same velocity profiles.
- Feet velocity and acceleration are equal to zero at foot strike.

Studied robot

- We consider a 2D humanoid robot.
- It is composed of 6 actuators to control its body movements in the sagittal plane.
 (2 ankles, 2 knees and 2 hips)
- The generalized coordinates vector is given :

 $q = [q_1 \quad q_2 \quad q_3 \quad q_4 \quad q_5 \quad q_6 \quad q_7 \quad x \quad z]^t$

- q_1, \ldots, q_6 are the joint variables
- q_7 is the orientation of the trunk

x and z are the Cartesian coordinates of the hip.



 $\begin{cases} D\ddot{q} + C\dot{q} + G = B\Gamma + J_i^{\ t} R_i & \text{In single support on leg i} \\ D\ddot{q} + C\dot{q} + G = B\Gamma + J_1^{\ t} R_1 + J_2^{\ t} R_2 & \text{In double support phase} \end{cases}$

D is the inertia matrix.

C is the vector of Coriolis forces.

G is the gravity forces.

B is the actuation matrix.

$$R_1 = \begin{bmatrix} R_{1x} \\ R_{1z} \\ M_{1y} \end{bmatrix} \qquad \& \qquad R_2 = \begin{bmatrix} R_{2x} \\ R_{2z} \\ M_{2y} \end{bmatrix}$$

are the ground reaction forces

In single support phases :

$$D\ddot{q} + C\dot{q} + G = B\Gamma + J_i^{\ t} R_i$$

We have 9 unknowns in Γ (6) and R_i (3)

So the 9 equations are sufficient.

In double support phases : $D\ddot{q} + C\dot{q} + G = B\Gamma + J_1^{t}R_1 + J_2^{t}R_2$

We have 12 unknowns in Γ (6) and R_1 (3) and R_2 (3)

So the 9 equations are not sufficient !

We solve the problem in the SS phases as the number of unknowns = the number of equations :

We show the result for the vertical component, it is the same for the horizontal force and the moment.



- In DS phases, the number of unknowns > the number of equations !
- We choose to fix the 3 components of ground reaction forces exerted on the foot that was swinging before the considered double support.



Then the 3 components of the chosen reaction force can be defined by a third order polynomial meeting the boundary conditions: continuity of the force and continuity of the force derivative.



For example, In DS phases after the swinging of foot 2, we specify R_2 as a polynomial function, then R_1 and joint torques can be calculated by :

$$\begin{bmatrix} \Gamma \\ R_1 \end{bmatrix} = \begin{bmatrix} B & J_1^t \end{bmatrix}^{-1} \begin{bmatrix} D\ddot{q} + C\dot{q} + G - J_2^t R_2 \end{bmatrix}$$

By repeating this procedure for the horizontal force and the moment, we fix 3 components of reaction forces, so we can solve the dynamic model to obtain joint torques and the second ground reaction vector.

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The sthenic criterion is defined as the quadratic actuated torque per unit of distance

$$E = \frac{1}{d} \int_{t_0}^{t_f} \Gamma^t \Gamma \, \mathrm{dt}$$

where t_0 and t_f denote the beginning and ending instants of the total observed motion, d is the traveled distance.

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The step length was set to 0.348 [m] and the cycle duration to 1.6 [s], with 0.1 [s] for each double support and 0.7 [s] for each single support phases.

We will compare the results in two cases :

- Walking gait with a constant height of CoM (linear inverted pendulum).
- Walking gait with a sinusoidal height of the CoM of amplitude 2A =2[cm].
- The only difference between the two walking gaits is the vertical displacement of the CoM.

Horizontal advancement of CoM :



We notice that the two forward CoM trajectories are almost identical



For the knees and ankles joints, They are smoother when the CoM of the robot oscillates sinusoidally in the vertical direction. Also these torques show much lower values, particularly at the boundaries between single and double support phases.



- E₀ is very high at both ends of the single support phases, for the two cases z = cnst and 2A = 2 [cm].
- E_0 is much lesser with 2A = 2 [cm] than with z = cnst.

Sthenic criterion



Sthenic criterion



We notice that the sthenic criterion decreases considerably when 2A increases in the range [0,2] [cm]

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Conclusion

- We proposed an analysis of the effect of CoM vertical magnitude on the energy consumption for humanoid walking gait.
- We have compared two cases in a 2D simulation : the classical LIP model with constant height of CoM and general IP model with oscillating CoM height.
- The comparison allowed to conclude that :
- 1. For both IP models, the highest actuator torques occur at the change of single and double support phases.
- 2. The use of a variable CoM height considerably reduces the torque solicitations at the change of support, and at midstance.

Future work

- Find the optimal value of the CoM vertical magnitude according to step length and walking velocity.
- Expand the study of the CoM vertical magnitude to 3D walking,



Questions?